



This Issue

Foothill Dental Care
 Personalized & Comfortable
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RETURN SERVICE REQUESTED

February is Children's Dental Health Month

Update On Dentistry

..... FACTS ABOUT

1ST QUARTER / 2002

Office Hours

Monday	10 am - 7 pm
Tuesday	10 am - 7 pm
Wednesday	10 am - 7 pm
Thursday	10 am - 7 pm
Friday	9 am - 6 pm

Appointments & Emergencies

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Be assured of our heartfelt gratitude for referring your friends and family.

They're the highest compliment you can send...

Thanks!

Fluoride

Back in 1945 the first municipal water supply was fluoridated. It was also the start of the baby boomer generation. Today, aging "boomers" have more of their natural teeth than any generation in history. Coincidence? Many dentists don't think so. You should know whether or not your children are getting fluoride in their water. One way to begin is by checking sources of fluoride. Check with your public water supply to determine whether it is—or isn't—fluoridated. If you and your family use bottled water, check the label or call the supplier to find out how much fluoride's in it.

February is National Children's Dental Month.

There's no better time to discuss what we know about fluoride.

One thing to understand is that fluoride is a naturally occurring substance. It is present in fish, tea, soils, plants, even human blood—not an additive. Many sources of drinking water are naturally fluoridated, as well.

If your children are not drinking fluoridated water, fluoride supplements may be a good idea. Decide for yourself. ■

Susan Ezzati Cyrus Ezzati